

# NEWS

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## **N. VA Senior Olympics Celebrates 30<sup>th</sup> Anniversary; Adds Six New Events**

The Northern Virginia Senior Olympics is celebrating its 30 anniversary. Organized in 1982 by local parks and recreation departments and other agencies plus a volunteer committee, NVSO has continually grown in the number of participants, events, venues and Patrons. The 2012 events will be held Sept. 15-26 with over 40 events at 20 different venues throughout Northern Virginia.

Jack Hobbs, Lake Ridge, NVSO chairman, has announced six new events will be added to the 2012 competition. A 400 meter walk will join eight other track events and a high jump will be added to five other field events. Also new in 2012 are Mexican Train Domino, basketball field goal shooting, football throw and a 20K cycling time trial.

“Living healthy longer is one of our goals,” said Hobbs, “along with the camaraderie and friendships that develop among the participants, their families and friends.” Nearly 650 adults, ages 50 to over 100, competed last year which also saw the first year for online registration. This year’s opening ceremonies, followed by track events, Sat., Sept. 15, will begin at 9:45 a.m. at the Thomas Jefferson Community Center, 3501 S. 2<sup>nd</sup> St., Arlington.

NVSO offers both indoor and outdoor events including swimming, diving, tennis, table tennis, racquetball, pickleball, men’s basketball, volleyball, cycling, badminton, bowling, Wii bowling, team line dancing, golf, miniature golf, bocce, eight ball pool, horseshoes, track and field. Board games and card games are also offered such as cribbage, duplicate bridge, bunco and scrabble. For more information, call [703-228-3300, ext. 9996](tel:703-228-3300) or e-mail, [jmassa@arlingtonva.us](mailto:jmassa@arlingtonva.us). Check the website at [www.nvso.us](http://www.nvso.us) for photos and general information.

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