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Senior Olympics Gearing up for 2010

After a record year of participation in 2009, the Northern Virginia SENIOR Olympics is setting its sights even higher for 2010. Fauquier County has joined seven other jurisdictions as a permanent sponsor making its residents 50 years of age and older, eligible to participate. Over 25 indoor and outdoor events will take place Sept. 18-29. Bocce is being added as a new event.

Major venue changes include swimming which will take place at the new Claude Moore Recreation Center in Loudoun County, board games at the Falls Church Community Center, basketball and table tennis at Walter Reed Community Center and diving at Washington & Lee High School pool in Arlington. Additional events at varying locations throughout Northern Virginia will include track, pickleball, field, basketball, line dancing, racquetball, ten pin bowling, Wii bowling, eight ball pool, tennis, golf, miniature golf, shuffleboard, chess, bunco, horseshoes, backgammon, scrabble, cribbage, yo-yo tricks and duplicate bridge.

Registration forms will be available in May at senior centers, community centers, senior residences, online at www.nvso.us or by calling 703-228-4721. Registration fee remains at \$10 which includes one event and \$1 for each additional event. Persons interested in volunteering may call 703-248-5020. NVSO is sponsored by the cities of Alexandria, Fairfax, Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.

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